

# AUBURN YOUTH CENTRE PROGRAM TIMETABLE: TERM 2, 1st May - 30th June 2017

For more details call: (02) 9646 2122 or Email: [admin@ayc.org.au](mailto:admin@ayc.org.au)

[www.ayc.org.au](http://www.ayc.org.au)



## MONDAY

DROP IN : 11:30am – 6pm

### EPIC MEAL TIME

**Time:** 4:30pm to 6pm

**Info:** *Epic Meal Time* is a youth based program for girls and boys aged 12-24. Includes:

- Food preparation
- Cook a delicious meal
- Eat with friends and discuss current topics
- Hang out with our AYC youth workers.

This activity can go towards paying off your fines!



## TUESDAY

DROP IN : 11:30am – 6pm

### MARTIAL ARTS FITNESS

**Time:** 4:30pm to 5:30pm

**Info:** Improve understanding and connection between the mind & body through Boxing & Martial Arts .This workout is for girls and boys aged 12-24.

This activity can go towards paying off your fines!

The program is in partnership with STARTTS



## WEDNESDAY

DROP IN : 11:30am – 6pm

### I.C.E MUSIC PROGRAM

**Time:** 2:30pm to 6pm

**Info:** This *I.C.E music programs* provides an opportunity for young people to use AYC'S music studio and build their music skills.

This activity can go towards paying off your fines!

The program is in partnership with information and cultural exchange (I.C.E)



## THURSDAY

DROP IN : 11:30am – 6:30pm

### GIRLS ZONE

**Times:** 4:30pm to 6:00pm

**Info:** *Girl Zone* is an afternoon dedicated GIRLS!

We have a range of activities that include:

- Sports & fitness
- Music & dancing
- Arts & crafts
- Cooking
- Much more

Come down and bring your friends!

This activity can go towards paying off your fines!



## FRIDAY

DROP IN : 11:30am – 6:30pm

### INDOOR SOCCER

**Time:** 5pm to 6:30pm

**Info:** The soccer competition is free to enter for all young people aged 12 – 24. Bring your friends and make a team.

BBQ every second week!



@AuburnYouthCentre

The activities available during the DROP IN sessions are table tennis, soccer, basketball, indoor cricket, pool table, PlayStation, Music Studio, Computers.

Youth workers and counsellors are available for 1:1 support with issues including: school, work, housing, relationships, fines, ADO and more.